



# She's the One!

By Deborah Wassenberg

## Introduction:

Children learn that God can be trusted with the big things in their lives. Their future, their choices, their family and their dreams. When they pray, listen and follow God's leading, He will guide them as faithfully as He guided Abraham's family.



## Warm-up Activity: Heart Garland

### Steps:

- Fold paper in half and cut out symmetrical hearts.
- Make a stack of hearts in different colours and sizes.
- Punch a hole at the top of each heart.
- Thread them onto a string, spacing them evenly.
- Tie knots under each heart to keep them from sliding, or tape them in place.
- Hang vertically (like a curtain) or horizontally across the room or teaching space.

## Bible Lesson: A Bride for Isaac

Bible Reference: Genesis 24:1-67

## Visuals You Will Need:

1. Abraham, Sarah and Isaac
2. Isaac as a young man
3. Abraham and his servant
4. Abraham's servant praying
5. Rebekah
6. Abraham's servant and Rebekah
7. Abraham's servant explains his answered prayer
8. Rebekah travelling on a camel
9. Isaac and Rebekah

## Words:

1. God had promised Abraham and Sarah a son and that their offspring would become a great nation.  
When Abraham and Sarah were too old to have children, God miraculously gave them a son whom they named Isaac.  
Abraham was now a very old man, and his wife, Sarah, had died.
2. Isaac was now a young man, and Abraham was determined that his wife should not be chosen from the Canaanite tribes living nearby, who did not worship God.  
Instead, Abraham wanted Isaac to have a wife from among his own people.  
But they lived many hundreds of miles away in the land of Mesopotamia
3. Abraham summoned his senior servant and said,  
'I want you to swear by the Lord God that you will not get a wife for Isaac from the daughters of the Canaanites but from my own relatives in my homeland. You cannot take Isaac, as he might settle there instead of in the land of Canaan that God promised to our descendants.'  
Abraham's chief servant promised to obey.  
It was an enormous task: choose a wife for the son of the promise!  
He took with him ten camels loaded with all kinds of gifts from Abraham, and set out on his journey.
4. He made the camels kneel near the well outside the town.  
It was towards evening, the time when the women go out to draw water.  
Abraham's servant prayed, 'Lord God, make me successful today.  
May it be that when I say to a young woman,  
"Please let down your jar that I may have a drink," and she says,  
"Drink, and I'll water your camels too"— let her be the one you have chosen for your servant Isaac.  
He prayed specifically and trusted God to help him step by step.
5. Before he had finished praying, Rebekah came out with her jar on her shoulder.  
Her father's name was Bethuel.  
He was related to Abraham's brother Nahor by marriage.  
Rebekah was very beautiful.  
She went down to the spring, filled her jar and came up again.  
The servant hurried to meet her and said,  
'Please give me a little water from your jar.'  
'Drink, my lord,' she said.  
After she had given him a drink, she said,  
'I'll draw water for your camels too, until they have had enough to drink.'  
Rebekah was hardworking, generous and hospitable.

6. When the camels had finished drinking, and the servant had found out that Rebekah was from the family of Abraham, he took out a gold ring and two gold bracelets and put them on Rebekah.  
Then he asked, 'Please tell me, is there room in your father's house to spend the night?'  
Rebekah replied, 'We have plenty of straw and fodder, as well as room for you to spend the night.'  
Then the servant bowed down and worshipped the Lord for answering his prayers.  
Rebekah ran home, and her brother Laban returned to fetch Abraham's servant and the camels.
  
7. Abraham's servant would not eat until he had told Rebekah's family why he had come and how God had answered his prayer.  
Rebekah's father, Bethuel, answered,  
'This is from the Lord. Here is Rebekah, take her and go, and let her become the wife of Isaac, as the Lord has directed.'  
Rebekah's brother and her mother wanted her to stay for ten days, but the servant insisted they leave right away.  
Rebekah's family asked her what she wanted to do.  
'I will go,' she said.  
So her family blessed her, and Rebekah and her attendants travelled south to Canaan.  
Rebekah trusted God and left everything familiar to her.
  
8. Isaac was in a field when he saw the camels arriving.  
Rebecca covered her face with a veil.  
Isaac married Rebekah.  
She became his wife, and he loved her.  
She was the mother of twins, Jacob and Esau.  
The nation of Israel came from Jacob.
  
9. Choosing who you will marry is one of the biggest decisions you will ever make!  
Just as Abraham, his servant, Isaac, and Rebekah trusted God with big decisions, you can trust God with the big things in your life, too.  
When your future feels uncertain, remember, God is already ahead of you!  
He is all-powerful and all-knowing.  
You can trust Him to be faithful and meet all your needs and the desires of your heart.

## Ministry to the Children:

No one will ever love you more than God. He showed His love for you by sending His only Son, Jesus to die on the Cross for your sin so that you could become a child of God and He could become your Heavenly Father. (*John 3:16; Romans 5:8; 1 John 3:1*). But you must repent (turn away from your sin) and accept Jesus into your heart and follow Him. When you do that, the Bible says that nothing will be able to separate you from the love of God! (*Romans 8:37-39*)

## Bible Story Recap: Wrapped in Love

### What You Need:

- A main prize
- Wrapping paper (many layers, using pink and red colours, and patterns)
- Sticky tape
- Bible Story questions written on notepaper
- Music and a music player

### How to Play:

#### Prepare the Parcel

Wrap your main prize in multiple layers, placing the questions between most or all layers.

#### Gather Players

Have children sit in a circle, with one adult or older child in charge of the music.

#### Start the Music

Begin playing music as the parcel is passed around the circle.

#### Stop & Unwrap

When the music suddenly stops, the player holding the parcel unwraps just one layer, reads the question aloud and answers. (If you have a larger group, you might like to add activities between questions, like pretending to drink a cup of water.)

#### Repeat

Restart the music and continue passing and unwrapping until all layers are gone.

#### The Winner

The person who unwraps the final layer wins the main prize.

#### Example Bible Recap Questions:

Why did Abraham send his servant on a long journey?

What special sign did the servant ask God for at the well?

Who was the woman who came to the well?

How did the servant respond when he realised God had answered his prayer?

What did Rebekah do when she first saw Isaac?

## Memory Verse: Philippians 4:6

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.

### Heart Hopscotch

#### You will need:

- Chalk
- Hopscotch outline using hearts instead of squares

#### What to do:

- Write the words of the Memory Verse inside the hearts
- Children hop through the hopscotch, saying each word aloud

## Heartfelt Games:

**Musical Hearts:** Like musical chairs, but use hearts taped to the floor instead.

**Candy Heart Spoon Race:** Create teams and race to transfer heart-shaped lollies (candies) from one bowl to another using chopsticks!

**Bouncing Hearts:** Stick heart stickers onto ping-pong balls. Bounce the ping-pong balls into containers; use heart-shaped boxes if you can source them.

## Crafts: Full Hearts!

#### You will need:

- 2 x matching hearts per child (template on page 6)
- Stapler
- Ribbons or lace to make the handle
- Felt pens
- Glue
- Stickers, jewels, sequins
- Gift for inside the heart

#### What to do:

- Children decorate the two hearts
- Staple the hearts together, leaving the top open, to make a heart-shaped bag
- Staple the handle from one side of the heart across to the other
- Fill the heart with a special treat and the Memory Verse to take home

